

Identifier	Poplar - Journeyman - Family and Consumer Science		Introduced	Completed
J FCS 1	FAMILY AND HUMAN DEVELOPMENT			
J FCS 1.1.01	Life Stages	Explain components of prenatal care and the stages of prenatal development.		
J FCS 1.1.02	Life Stages	Determine how heredity and environment affect prenatal development.		
J FCS 1.1.03	Life Stages	Explain the process of labor and delivery.		
J FCS 1.1.04	Life Stages	Explain the physical, emotional, social and intellectual growth, and development of the newborn and infant.		
J FCS 1.1.05	Life Stages	Explain the physical, emotional, social and intellectual growth, and development of the toddler.		
J FCS 1.1.06	Life Stages	Explain the physical, emotional, social, and intellectual growth, and development of the preschooler and school-age child.		
J FCS 1.1.07	Life Stages	Explain the physical and emotional growth and development of the adolescent and adult.		
J FCS 1.1.08	Life Stages	Describe the anatomy and physiology of the male and female reproductive systems.		
J FCS 1.1.09	Life Stages	Explain the factors to consider when choosing contraception.		
J FCS 1.2.01	Parenting	Explain nurturing practices that support human growth and development.		
J FCS 1.2.02	Parenting	Examine strategies that promote positive self-esteem.		
J FCS 1.2.03	Parenting	Explore the effects of guidance and discipline practices on human growth and development.		
J FCS 1.2.04	Parenting	Determine the impact of abuse and neglect.		
J FCS 1.2.05	Parenting	Determine types and warning signs of abuse and how to report abuse.		
J FCS 1.2.06	Parenting	Determine criteria for selecting care and services for children.		
J FCS 1.2.07	Parenting	Examine strategies that promote health and well-being.		
J FCS 1.3.01	Family Roles	Explore types of family units.		
J FCS 1.3.02	Family Roles	Determine the roles of family members and how they affect individuals.		
J FCS 1.3.03	Family Roles	Determine the impact of change and transition of the family on the individual.		
J FCS 1.3.04	Family Roles	Explain the impact of crisis on a family unit and explore the strategies to cope with family crisis.		
J FCS 1.3.05	Family Roles	Describe how teen pregnancy limits life choices.		
J FCS 1.4.01	Decision Making	Explain how personal goals and priorities affect the decision to parent.		
J FCS 1.4.02	Decision Making	Describe personal health and genetic considerations that could impact the decision to parent.		
J FCS 1.4.03	Decision Making	Calculate the financial responsibility of parenting.		
J FCS 1.4.04	Decision Making	Determine how an individual's social and emotional development affects readiness to parent.		
J FCS 1.4.05	Decision Making	Explore the availability of community health services.		
J FCS 1.5.01	Developmental Activities	Compare and contrast the major learning theories.		
J FCS 1.5.02	Developmental Activities	Evaluate learning environments.		
J FCS 1.5.03	Developmental Activities	Demonstrate developmentally appropriate teaching methods and techniques.		
J FCS 1.5.04	Developmental Activities	Plan developmentally appropriate activities and lessons.		
J FCS 1.5.05	Developmental Activities	Assess the developmental levels of children.		
J FCS 1.6.01	Employment	Determine legal requirements for employment in early childhood education.		
J FCS 1.6.02	Employment	Explore employment opportunities in early childhood education.		
J FCS 1.6.03	Employment	Examine education and training requirements for careers in early childhood education.		
J FCS 2	FOOD SCIENCE AND NUTRITION			
J FCS 2.1.01	Safety and Sanitation	Distinguish properties of microorganisms that cause food spoilage and foodborne illnesses.		
J FCS 2.1.02	Safety and Sanitation	Demonstrate appropriate sanitation and food-handling practices.		
J FCS 2.1.03	Safety and Sanitation	Practice skills related to safety and safe working conditions.		
J FCS 2.1.04	Safety and Sanitation	Practice appropriate personal hygiene and health procedures.		
J FCS 2.1.05	Safety and Sanitation	Demonstrate procedures for obtaining and storing fresh and prepared foods.		
J FCS 2.2.01	Planning and Preparation	Examine the nutrients, their functions and food sources.		
J FCS 2.2.02	Planning and Preparation	Investigate effects of nutritional intake on health, appearance, job performance, and personal life.		
J FCS 2.2.03	Planning and Preparation	Apply the Dietary Guidelines for Americans to personal life.		
J FCS 2.2.04	Planning and Preparation	Apply the food guide pyramid to meet nutritional needs of individuals and families.		
J FCS 2.2.05	Planning and Preparation	Interpret and apply nutritional information utilizing technology.		
J FCS 2.2.06	Planning and Preparation	Evaluate social, cultural, psychological and economic influences on food choices.		
J FCS 2.3.01	Management	Analyze the influence of advertising on food purchases.		
J FCS 2.3.02	Management	Analyze information on food labels.		
J FCS 2.3.03	Management	Relate the effects of workspace, tools, equipment, and technology on food preparation.		
J FCS 2.3.04	Management	Analyze food costs and budgeting needs.		
J FCS 2.3.05	Management	Evaluate menus based on the principles of meal planning.		
J FCS 2.4.01	Service	Demonstrate ability to select, store, prepare, and serve nutritious and aesthetically pleasing foods.		
J FCS 2.4.02	Service	Practice etiquette, food presentation, and table service appropriate for specific situations.		
J FCS 2.4.03	Service	Demonstrate traits of an effective team member.		
J FCS 2.4.04	Service	Follow recipe directions in food preparation.		
J FCS 2.4.05	Service	Demonstrate proper measurement techniques.		
J FCS 2.4.06	Service	Apply the fundamentals of time and temperature to cooking.		
J FCS 2.4.07	Service	Demonstrate skills in knife, tool, and equipment handling.		

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J FCS 2.5.01	Quality	Apply science skills in conducting laboratory activities.		
J FCS 2.5.02	Quality	Explain the chemical reactions that occur during food processing and utilization.		
J FCS 2.5.03	Quality	Compare the effects of various cooking utensils and equipment on food products.		
J FCS 2.5.04	Quality	Evaluate the effect of various temperatures, procedures, and ingredients on food products.		
J FCS 2.5.05	Quality	Apply the principles of food preparation to preserve the quality and nutritive value of food.		
J FCS 2.5.06	Quality	Summarize research and trends.		
J FCS 2.5.07	Quality	Assess methods of food processing and their impact on product quality and nutrition.		
J FCS 2.5.08	Quality	Explain the roles of additives in food processing.		
J FCS 2.5.09	Quality	Contrast the effects of packaging on the properties and quality of the food.		
J FCS 2.5.10	Quality	Utilize research skills to obtain and evaluate information about food science.		
J FCS 2.5.11	Quality	Investigate the use of current technology in food production, development, and marketing.		
J FCS 2.5.12	Quality	Compile a record of procedures, data and analyses of scientific investigations.		
J FCS 2.6.01	Employment	Determine legal requirements for employment in nutrition and food industry.		
J FCS 2.6.02	Employment	Explore employment opportunities in nutrition and food industry.		
J FCS 2.6.03	Employment	Examine education and training requirements for careers in nutrition and food industry.		
J FCS 3	TEXTILES AND APPAREL			
J FCS 3.1.01	Production	Construct, alter and repair apparel and textile products using a variety of equipment, tools, and supplies.		
J FCS 3.1.02	Production	Examine production processes for creating fibers, yarn, woven and knit fabrics, and non-woven textile products.		
J FCS 3.1.03	Production	Demonstrate fundamental skills for producing and altering textile products and apparel.		
J FCS 3.2.01	Use and Care	Compare performance characteristics of fibers and textiles.		
J FCS 3.2.02	Use and Care	Review textile legislation, standards, and labeling in the global economy.		
J FCS 3.2.03	Use and Care	Select appropriate procedures for use and care of textile products.		
J FCS 3.3.01	Design	Utilize elements and principles of design in designing, constructing, and altering textile products.		
J FCS 3.4.01	Management	Describe social, cultural, and life-cycle influences on apparel preferences.		
J FCS 3.4.02	Management	Apply principles of wardrobe planning.		
J FCS 3.4.03	Management	Demonstrate skills needed to recycle apparel.		
J FCS 3.4.04	Management	Compare sources of apparel purchases.		
J FCS 3.5.01	Industry	Describe the interrelationship of the apparel industry in the United States and international economies.		
J FCS 3.5.02	Industry	Explain the impact of labor laws.		
J FCS 3.5.03	Industry	Analyze factors that contribute to a safe working environment.		
J FCS 3.5.04	Industry	Describe technological advancements influencing the apparel industry.		
J FCS 3.6.01	Employment	Determine legal requirements for employment in the textile and apparel industry.		
J FCS 3.6.02	Employment	Explore employment opportunities in the textile and apparel industry.		
J FCS 3.6.03	Employment	Examine education and training requirements for careers in the textile and apparel industry.		
J FCS 4	RESOURCE MANAGEMENT			
J FCS 4.1.01	Decision Making	Examine how individuals and families make choices to satisfy needs and wants.		
J FCS 4.1.02	Decision Making	Implement decisions about providing safe and nutritious food.		
J FCS 4.1.03	Decision Making	Implement decisions about creating, purchasing, and maintaining clothing.		
J FCS 4.1.04	Decision Making	Implement decisions about selecting housing and furnishings.		
J FCS 4.1.05	Decision Making	Examine information about obtaining and maintaining health care.		
J FCS 4.1.06	Decision Making	Implement decisions about recreation.		
J FCS 4.1.07	Decision Making	Implement decisions about acquiring and maintaining transportation.		
J FCS 4.2.01	Relationships	Examine functions and expectations of various types of relationships.		
J FCS 4.2.02	Relationships	Examine personal needs and characteristics and their impact on interpersonal relationships.		
J FCS 4.2.03	Relationships	Demonstrate communication skills that contribute to positive relationships.		
J FCS 4.2.04	Relationships	Demonstrate effective conflict prevention and management techniques.		
J FCS 4.2.05	Relationships	Demonstrate standards that guide behavior in interpersonal relationships.		
J FCS 4.3.01	Rights and Responsibilities	Examine state and federal policies and laws that provide consumer protection.		
J FCS 4.3.02	Rights and Responsibilities	Examine procedures used in seeking information related to consumer products and rights.		
J FCS 4.3.03	Rights and Responsibilities	Demonstrate communication skills related to consumer rights.		
J FCS 4.3.04	Rights and Responsibilities	Examine behaviors that conserve, reuse, and recycle resources to maintain the environment.		
J FCS 4.4.01	Finances	Examine the components of financial planning, saving, and investing to achieve personal goals.		
J FCS 4.4.02	Finances	Demonstrate financial practices including banking, income tax, and budgeting.		
J FCS 4.4.03	Finances	Examine types and costs of insurance.		
J FCS 4.4.04	Finances	Inventory personal, legal, and financial documents.		
J FCS 4.4.05	Finances	Determine the impact of consumer credit.		
J FCS 4.5.01	Technology	Explore the types of technology that impact family and consumer decision-making.		
J FCS 4.5.02	Technology	Examine how media and technology impact family and consumer decisions.		
J FCS 4.5.03	Technology	Demonstrate the use of technology.		
J FCS 4.6.01	Behaviors	Apply the steps in the decision-making process.		
J FCS 4.6.02	Behaviors	Demonstrate ability to set short- and long-term goals using a planning process.		

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J FCS 4.6.03	Behaviors	Demonstrate strategies to encourage effective teamwork.		
J FCS 4.6.04	Behaviors	Demonstrate leadership skills in organizing and delegating responsibilities.		
J FCS 4.6.05	Behaviors	Examine the impact of responsible behavior.		
J FCS 4.6.06	Behaviors	Examine the short- and long-term consequences of drug, tobacco, and alcohol use.		
J FCS 5	EMPLOYABILITY SKILLS			
J FCS 5.1.01	Problem-Solving	Solve a work- or family-related problem using the appropriate steps in the problem-solving process.		
J FCS 5.1.02	Problem-Solving	Demonstrate brainstorming techniques.		
J FCS 5.1.03	Problem-Solving	Examine and explain the advantages and disadvantages of alternative solutions to one or more problems.		
J FCS 5.1.04	Problem-Solving	Create an action plan based upon a solution to a work-related problem.		
J FCS 5.1.05	Problem-Solving	Analyze information to determine appropriate action for specific situations.		
J FCS 5.1.06	Problem-Solving	Identify the benefits of solving a work- or family-related problem.		
J FCS 5.2.01	Critical Thinking	Identify and explain the essential elements of the critical-thinking process.		
J FCS 5.2.02	Critical Thinking	Demonstrate critical-thinking skills.		
J FCS 5.2.03	Critical Thinking	Explain how emotional thinking and logical thinking affect decision-making.		
J FCS 5.2.04	Critical Thinking	Explain the difference between reliable and unreliable observations and statements of facts.		
J FCS 5.2.05	Critical Thinking	Recognize patterns or relationships through observation and discovery.		
J FCS 5.3.01	Speak, Write, Listen	Explain the benefits of effective communication skills in the workplace.		
J FCS 5.3.02	Speak, Write, Listen	Effectively interpret and respond to verbal and nonverbal messages.		
J FCS 5.3.03	Speak, Write, Listen	Demonstrate proper telephone etiquette.		
J FCS 5.3.04	Speak, Write, Listen	Effectively communicate thoughts, ideas, and information in writing.		
J FCS 5.3.05	Speak, Write, Listen	Select and utilize an appropriate medium for conveying messages with dignity and respect.		
J FCS 5.3.06	Speak, Write, Listen	Demonstrate sensitivity to cultural diversity in communication.		
J FCS 5.3.07	Speak, Write, Listen	Organize information into the appropriate format in accordance with standard practices, which includes prewriting, drafting, proofreading, editing/revising, and preparing final copy/publishing.		
J FCS 5.3.08	Speak, Write, Listen	Identify common communication barriers and methods for improving communication.		
J FCS 5.3.09	Speak, Write, Listen	Organize ideas and communicates orally.		
J FCS 5.4.01	Technology	Demonstrate ability to utilize basic keyboarding techniques.		
J FCS 5.4.02	Technology	Demonstrate ability to utilize other input devices.		
J FCS 5.4.03	Technology	Demonstrate ability to utilize various electronic research methods.		
J FCS 5.4.04	Technology	Investigate and explain the use, benefits, and costs of technological developments in the workplace, school, and home.		
J FCS 5.4.05	Technology	Demonstrate knowledge of basic technology systems currently available and how they apply to a career(i.e., word processing, spreadsheets, multimedia applications, and database).		
J FCS 5.4.06	Technology	Identify and demonstrate the appropriate use of technology to enhance the efficiency of the workplace, school, and home.		
J FCS 5.4.07	Technology	Demonstrate routine maintenance and repair of technological equipment.		
J FCS 5.5.01	Leadership and Teamwork	Work cooperatively with others when given a group project.		
J FCS 5.5.02	Leadership and Teamwork	Explain traits necessary to effectively lead and influence individuals and groups.		
J FCS 5.5.03	Leadership and Teamwork	Demonstrate appropriate attitudes and behaviors for effective leadership.		
J FCS 5.5.04	Leadership and Teamwork	Demonstrate respect for team members, team processes, and team goals.		
J FCS 5.5.05	Leadership and Teamwork	Participate in the implementation of a group's decision and evaluate the results.		
J FCS 5.5.06	Leadership and Teamwork	Demonstrate the qualities of an effective team member.		
J FCS 5.5.07	Leadership and Teamwork	Describe the importance of a company dress code.		
J FCS 5.6.01	Ethics	Develop personal work ethics through work experience.		
J FCS 5.6.02	Ethics	Describe the importance of ethics practiced in the workplace.		
J FCS 5.6.03	Ethics	Demonstrate regular attendance, promptness, and the willingness to follow instructions and complete an assigned task.		
J FCS 5.6.04	Ethics	Demonstrate appropriate personal and professional attitudes and behaviors.		
J FCS 5.6.05	Ethics	Maintain a safe, clean, and organized work area.		
J FCS 5.6.06	Ethics	Demonstrate awareness of legal responsibilities related to individual performance, safety, and customer satisfaction.		
J FCS 5.6.07	Ethics	Demonstrate knowledge of various types of harassment.		
J FCS 5.6.08	Ethics	Explain the importance of proper dress in the workplace.		
J FCS 5.7.01	Performance	Identify and organizes the human resources needed to complete a job assignment.		
J FCS 5.7.02	Performance	Identify and organize the material resources and space requirements needed to complete a job assignment.		
J FCS 5.7.03	Performance	Effectively use technology at its highest level to complete a job assignment.		
J FCS 5.7.04	Performance	Demonstrate cooperation and leadership in a team at school or in a workplace setting.		
J FCS 5.7.05	Performance	Utilize the basic components of effective time management.		
J FCS 5.7.06	Performance	Recognize the need for management skills in the workplace with regard to stress, anger management, and substance abuse.		
J FCS 5.7.07	Performance	Develop a time schedule and prioritized task list to complete a job assignment.		
J FCS 5.8.01	Career Planning	Prepare a job application.		

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J FCS 5.8.02	Career Planning	Prepare a personal résumé.		
J FCS 5.8.03	Career Planning	Complete a personal aptitude and interest inventory.		
J FCS 5.8.04	Career Planning	Participate in a job interview.		
J FCS 5.8.05	Career Planning	Establish the short-term career goals.		
J FCS 5.8.06	Career Planning	Establish the long-term career goals.		
J FCS 5.8.07	Career Planning	Uses the Montana Career Information System (CIS) or a similar computer-based program to research careers in a chosen field.		
J FCS 5.8.08	Career Planning	Participate in an organized job-shadowing activity.		
J FCS 5.8.09	Career Planning	Participate in a community service project.		
J FCS 5.8.10	Career Planning	Construct a career portfolio.		
J FCS 5.9.01	Retention Skills	Maintain an employment/career portfolio.		
J FCS 5.9.02	Retention Skills	Identify strategies for balancing work and family roles.		
J FCS 5.9.03	Retention Skills	Demonstrate understanding of the need for lifelong learning in a rapidly changing job market.		
J FCS 5.9.04	Retention Skills	Identify strategies to maintain employment in the face of job reductions.		
J FCS 5.9.05	Retention Skills	Develop long-term career-planning strategies.		
J FCS 5.9.06	Retention Skills	Identify various educational options needed for job advancement.		
J FCS 5.9.07	Retention Skills	Demonstrate interpersonal skills needed for job retention.		
J FCS 5.9.04	Retention Skills	Identify and model sound workplace ethics, such as loyalty, punctuality, and initiative.		