

Identifier	Poplar - Kindergarten - Health	Introduced	Completed
OK H 1	HEALTH PROMOTION/ DISEASE PREVENTION		
OK H 1.01	Identify personal health practices that promote physical, mental, and social health (sleep, diet, fitness, and personal hygiene).		
OK H 1.02	Identify basic anatomy (i.e., eyes, nose, ears, etc.).		
OK H 1.03	Name the sense associated with each sensory organ.		
OK H 1.04	Demonstrate the safe way to cross a street.		
OK H 1.05	Describe how healthy eating promotes growth and well-being.		
OK H 1.06	Identify and differentiate between helpful and harmful drugs.		
OK H 1.07	Identify hazardous conditions related to personal health and safety.		
OK H 1.08	Recognize basic prevention strategies for common illnesses.		
OK H 1.09	Demonstrate the ability to locate school and community health helpers.		
OK H 1.10	Identify elements of the environment that affect personal health (air, water, food, soil, and pollutants).		
OK H 2	HEALTH INFORMATION / ACCESSING INFORMATION		
OK H 2.01	Examine the consequences of positive and negative health behaviors		
OK H 2.02	Identify positive and negative behaviors with need for health care.		
OK H 3	HEALTH ENHANCEMENT / SELF MANAGEMENT		
OK H 3.01	Identify characteristics of bullies and victims.		
OK H 3.02	Identify basic refusal skills.		
OK H 3.03	Demonstrate basic injury prevention and management strategies for personal health.		
OK H 3.04	Identify stress.		
OK H 4	INFLUENCES		
OK H 4.01	Identify foods of various cultures.		
OK H 4.02	Identify technology influences on health and chronic disease		
OK H 4.03	Identify health advertising in a variety of forms.		
OK H 5	INTERPERSONAL COMMUNICATION		
OK H 5.01	Tell own name and age and the name of parent(s) guardians.		
OK H 5.02	Name basic verbal and nonverbal communication techniques.		
OK H 5.03	Describe ways to communicate care, consideration, and respect for self and others.		
OK H 6	DECISION MAKING/ GOAL SETTING		
OK H 6.01	Identify a decision-making process model.		
OK H 7	PERSONAL AND COMMUNITY HEALTH		
OK H 7.01	Identify positive health choices.		